

# Soul Mates

## Pre-Reading

### A. Warm-Up Questions

1. Do you believe in soul mates?
2. Have you met your soul mate?
3. Do you dream about your soul mate?
4. What questions might be in a quiz about soul mates?

### B. Vocabulary Preview

Match up as many words and meanings as you can.

Check this exercise again after seeing the words in context on page 2.

- |                                |  |
|--------------------------------|--|
| ___ 1. destined                | a) able to get along very well   |
| ___ 2. compatible              | b) to see in one's mind, to envision   |
| ___ 3. ideal                   | c) meant to have a certain future (arranged by a force such as God or the stars) |
| ___ 4. passionate about        | d) very deeply interested in   |
| ___ 5. genuine                 | e) a mini-test, often includes multiple-choice questions                         |
| ___ 6. picture ( <i>verb</i> ) | f) real  |
| ___ 7. stumbling block         | g) perfect   |
| ___ 8. obsessed                | h) something that prevents a person from achieving a goal                        |
| ___ 9. quiz                    | i) always thinking or worrying about   |
| ___ 10. regular basis          | j) related to the feelings and expressions of love                               |
| ___ 11. romantic               | k) regularly, often refers to a set schedule                                     |



## Reading

### SOUL MATES

*Does each person have one true love?*

1. Do you believe in love at first sight? Does every human have a soul mate? A soul mate is a person who was **destined** to be your **romantic** partner for life. You share a very deep love and you are highly **compatible**.
2. Relationship experts say it isn't **ideal** to search for your soul mate. If you are true to yourself, you will meet your soul mate naturally. In other words, hang around people you enjoy and do things you are **passionate about**. Your chances of finding your soul mate will be better if you are living a **genuine** life.
3. Can you **picture** your soul mate in your mind? This might be your **stumbling block**. A soul mate is more likely to appear when you least expect it. You'll know by your heart when you've met him or her. In fact, you may already have met your soul mate. Is there someone from your past who you shared a special connection with?
4. Some people become **obsessed** with finding their perfect match. They take "Are we soul mates?" **quizzes** on a **regular basis**. Do you need a quiz to recognize your soul mate?
5. Some people believe that a soul mate is actually a part of you. Without your "twin flame," you are only half a soul. What is your definition of a soul mate? Is it possible to have more than one soul mate in a lifetime?

*"I feel like a part of my soul has loved you since the beginning of everything. Maybe we're from the same star."*

—Emery Allen, author

## Comprehension

Discuss these questions in pairs and write the answers in your notebook.

1. How does the reading begin?
2. How is the word “soul mate” defined in the passage?
3. According to the reading, what is the best way to find your soul mate?
4. Why does the passage mention quizzes?
5. What is your “twin flame”?

## Vocabulary Review

### A. Complete the Sentences

Complete the sentences using vocabulary from page 1.  
You may need to change the word forms.

1. My \_\_\_\_\_ is that I work late hours. I'll never meet my soul mate with this job.
2. Maria is \_\_\_\_\_ with meeting her perfect man.  
I thought Jose was ideal, but she says he's too tall.
3. When I \_\_\_\_\_ my husband-to-be, he is tall, dark, and handsome.
4. I am beginning to think that I am \_\_\_\_\_ to be single.  
It has been five years since I've been in a relationship.
5. We were \_\_\_\_\_ when we first met. Now we fight on a regular basis.

## Vocabulary Review cont.

### B. Odd One Out

Choose the word or phrase that does NOT belong in the group.

- |   |  |  |
|---|--|--|
| 1. a) quiz<br>b) test<br>c) picture<br>d) exam                    | 3. a) passionate<br>b) interested<br>c) regular basis<br>d) obsessed | 5. a) ideal<br>b) perfect<br>c) ultimate<br>d) romantic          |
| 2. a) stumbling block<br>b) romantic<br>c) loving<br>d) attracted | 4. a) stumble<br>b) real<br>c) true<br>d) genuine                    | 6. a) compatible<br>b) agreeable<br>c) genuine<br>d) well-suited |

## Discussion

1. Were humans designed to have one partner in life?
2. Is it possible to fall out of love with a soul mate?
3. Is it a bad idea to marry a person who is not your soul mate?
4. In your opinion, what is the secret to finding a soul mate?

## Soul Mates Quiz

Find a soul mates quiz online and take the quiz or write your own quiz as a class (use about 10 multiple-choice questions).

## Listening

Fill in the blanks as you listen to the recording.

### SOUL MATES

*Does each person have one true love?*

1. Do you believe in love at first sight? Does every human have a soul mate? A soul mate is a person who was \_\_\_\_\_ to be your \_\_\_\_\_ partner for life. You share a very deep love and you are highly \_\_\_\_\_ .
2. Relationship experts say it isn't \_\_\_\_\_ to search for your soul mate. If you are true to yourself, you will meet your soul mate naturally. In other words, hang around people you enjoy and do things you are \_\_\_\_\_. Your chances of finding your soul mate will be better if you are living a \_\_\_\_\_ life.
3. Can you \_\_\_\_\_ your soul mate in your mind? This might be your \_\_\_\_\_ block. A soul mate is more likely to appear when you least expect it. You'll know by your heart when you've met him or her. In fact, you may already have met your soul mate. Is there someone from your past who you shared a special connection with?
4. Some people become \_\_\_\_\_ with finding their perfect match. They take "Are we soul mates?" \_\_\_\_\_ on a regular \_\_\_\_\_. Do you need a quiz to recognize your soul mate?
5. Some people believe that a soul mate is actually a part of you. Without your "twin \_\_\_\_\_," you are only half a soul. What is your \_\_\_\_\_ of a soul mate? Is it possible to have more than one soul mate in a lifetime?

# Answer Key

## LESSON DESCRIPTION:

In this lesson, students read about soul mates and discuss their opinions about having one true love. Students are encouraged to take or make their own soul mates quiz.

## TEACHING TIPS:

See *Discussion Starters Teaching Guide* (<https://esllibrary.com/courses/72/lessons/>) for a variety of ways to use the reading.

**LEVEL:** Int

**TIME:** 1–2 hours

**TAGS:** discussion, soul mate, love, relationships, Valentine’s Day, marriage

## Pre-Reading

### A. WARM-UP QUESTIONS

Have students work in small groups or as a class.

### B. VOCABULARY PREVIEW

- |      |      |      |      |       |       |
|------|------|------|------|-------|-------|
| 1. c | 3. g | 5. f | 7. h | 9. e  | 11. j |
| 2. a | 4. d | 6. b | 8. i | 10. k |       |

## Reading (and/or Listening)

Read individually, in small groups, or as a class. You can also play the listening as your students read along. A gap-fill version of the reading is available on page 5. Help your students with vocabulary and expressions that they are unfamiliar with.

## Comprehension

- The reading begins with a question. This is a “hypothetical question.” There is no right or wrong answer.
- A soul mate is defined as a person who you are destined to spend your life with (a true partner).
- According to the reading, the best way to find your soul mate is to live your life in a genuine manner.
- The passage mentions “quizzes” because people who are obsessed with finding their soul mate often take quizzes to see if they’ve found the right person.
- Your “twin flame” is the soul who completes you. According to some theories, you are only half a soul without this person.

## Vocabulary Review

### A. COMPLETE THE SENTENCES

- |                    |             |               |
|--------------------|-------------|---------------|
| 1. stumbling block | 3. picture  | 5. compatible |
| 2. obsessed        | 4. destined |               |

### B. ODD ONE OUT

- |      |      |      |      |      |      |
|------|------|------|------|------|------|
| 1. c | 2. a | 3. c | 4. a | 5. d | 6. c |
|------|------|------|------|------|------|

## Discussion

Answers will vary.

Can be done individually or in small groups or pairs.

## Soul Mates Quiz

If your class chooses to write an “Are we soul mates?” quiz, please share it with us. Email us at [hello@esllibrary.com](mailto:hello@esllibrary.com). We’ll try to publish your quiz on our blog. If you have a blog, post your quiz there. Be sure to send a link to us so that we can share it with the world!

## Listening

- destined, romantic, compatible
- ideal, passionate about, genuine
- picture, stumbling
- obsessed, quizzes, basis
- flame, definition